

ਇਸ਼ਤਿਹਾਰ

ਦਫਤਰ ਜਿਲ੍ਹਾ ਆਯੁਰਵੇਦਿਕ ਅਤੇ ਯੁਨਾਨੀ ਅਫਸਰ, ਤਰਨ ਤਾਰਨ।

ਸਿਵਲ ਹਸਪਤਾਲ ਕੰਪਲੈਕਸ, ਤਰਨ ਤਾਰਨ।

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ਵਿਸ਼ਾ:- Engagement of 02 Male ਯੋਗ ਇੰਸਟਰਕਟਰਜ਼ (Part Time Basis) in AYUSH Health & Wellness Centres (A-HWC's) Under National AYUSH Mission (NAM) ਜਿਲ੍ਹਾ ਤਰਨ ਤਾਰਨ।

ਸੂਚਿਤ ਕੀਤਾ ਜਾਂਦਾ ਹੈ ਕਿ ਪੰਜਾਬ ਸਰਕਾਰ ਵੱਲੋਂ ਜਿਲ੍ਹਾ ਤਰਨ ਤਾਰਨ ਵਿਖੇ ਯੋਗ ਇੰਸਟਰਕਟਰਜ਼ (Part Time Basis) ਦੀਆਂ ਖਾਲੀ ਪਈਆਂ ਅਸਾਮੀਆਂ ਦੀ ਹੇਠ ਲਿਖੇ ਅਨੁਸਾਰ Part Time Basis ਤੇ Engagement ਕੀਤੀ ਜਾਣੀ ਹੈ।

ਲੜੀ ਨੰ.	ਅਸਾਮੀ ਦਾ ਨਾਂ	ਅਸਾਮੀਆਂ ਦੀ ਗਿਣਤੀ	ਖਾਲੀ ਪਈਆਂ ਅਸਾਮੀਆਂ ਦੀ ਜਗ੍ਹਾ	ਅਰਜੀਆਂ ਦੇਣ ਦੀ ਮਿਤੀ
1.	ਯੋਗ ਇੰਸਟਰਕਟਰਜ਼	ਕੁੱਲ 02 ਮੇਲ ਯੋਗ ਇੰਸਟਰਕਟਰਜ਼	1. AHC ਚੂਸਲੇਵਤ (Male:- 1) 2. AHC ਸ਼ੇਖ (Male:- 1)	28-02-2025 ਤੋਂ 14-03-2025 ਤੱਕ, ਸਿਵਲ ਹਸਪਤਾਲ ਕੰਪਲੈਕਸ, ਦਫਤਰ ਜਿਲ੍ਹਾ ਆਯੁਰਵੇਦਿਕ ਅਤੇ ਯੁਨਾਨੀ ਅਫਸਰ, ਤਰਨ ਤਾਰਨ ਵਿਖੇ ਅਰਜੀਆਂ ਦਿੱਤੀਆਂ ਜਾ ਸਕਦੀਆਂ ਹਨ।

ਖਾਲੀ ਪਈਆਂ ਅਸਾਮੀਆਂ ਡਾਇਰੈਕਟਰ ਆਯੁਰਵੈਦਾ, ਪੰਜਾਬ, ਚੰਡੀਗੜ੍ਹ ਜੀ ਦੇ ਪੱਤਰ ਨੰ:- ਆਯੂ-ਪੀ.ਐਮ.ਯੂ.ਪੰਬ-23/7066-7131 ਮਿਤੀ 21-09-2023 ਅਤੇ ਪੱਤਰ ਨੰ:- ਆਯੂ-ਪੀ.ਐਮ.ਯੂ.ਪੰਬ-24/1298-1306 ਮਿਤੀ 23-02-2024 ਦੇ ਵਿੱਚ ਦਰਜ ਸ਼ਰਤਾਂ ਦੇ ਆਧਾਰ ਤੇ Engagement ਕੀਤੀਆਂ ਜਾਣੀਆਂ ਹਨ ਇਸ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਲੈਣ ਲਈ ਇਸ ਜਿਲ੍ਹੇ ਦੀ ਵੈੱਬਸਾਈਟ tarntaran.nic.in ਤੇ ਦੇਖਿਆ ਜਾ ਸਕਦਾ ਹੈ।

ਜਿਲ੍ਹਾ ਆਯੁਰਵੇਦਿਕ ਅਤੇ ਯੁਨਾਨੀ ਅਫਸਰ,
ਤਰਨ ਤਾਰਨ। 25/02/2025

The Guidelines to be followed by the District AYUSH Societies for the engagement of Yog Instructors for AYUSH Health and Wellness Centres are as follows:-

- 1.) A Male and a Female Yog Instructor per AYUSH HWC shall be engaged for conducting only the YOG/IEC Session in the morning.
- 2.) The educational qualifications and other criteria for the engagement of Yog Instructor is as follow:-

EDUCATION QUALIFICATION:-

- A. 10+2 Pass from a recognized Educational Board.
 - B. Punjabi pass up to Matric Standard.
 - C. Certificate/Diploma/Degree in Yoga from a recognized Institute/ Body or minimum 5 years Experience certificate from a yoga Institute.
 - D. Age between 20 Years to 45 Years as on 1st January 2025.
 - E. Should be medically fit as per the Medical Certificate issued by the concerned Civil Surgeon.
- 3.) The Selection criteria on the basis of the above mentioned educational qualification and other criteria is as follows:-

SELECTION CRITERIA:-

A. Education Qualification:-

- I. Percentage of marks obtained in 10+2 :(To be calculated on pro-rata basis out of 10 marks).
- II. Certificate/Diploma/Degree in Yoga to be scored as below:-

Certificate	Diploma	Degree
10 Marks	15 Marks	20 Marks

- Irrespective of Marks Obtained.

III. Experience of Yoga from a Yoga Institute:

(1 mark for each completed year of experience subject to a maximum of 5 marks).

No marks for part-year experience.

B. Age:(Out of 5 marks)

Between 20-25 Years: 3 marks
Between 26-35 Years: 5 marks
Between 36-45 Years: 4 marks

C. Preference will be given to the candidates residing in the same village where AYUSH HWCs is located.

D. Interview: 5 marks

4. The following committee is being constituted to undertake the interview:-

- a) Deputy Commissioner-cum-Chairman, District AYUSH Society or his representative.
- b) District Ayurvedic & Unani Officer-cum-CEO of District AYUSH Society-Member-Convener.
- c) District Homeopathy Officer
- d) One Ayurvedic Medical Officer who is trained in Yoga Protocol.

The District Ayurvedic and unani Officer (DAUO) shall depute one or two ministerial staff as per the need to verify the documents at his level.

5. The engagement shall be purely on the basis of merit determined by the above said Committee after interview, as per the selection criteria laid in point (3.) of this para.
6. The engagement is linked to the performance parameters defined on the basis of the number of YOGA/IEC Session hours conducted as follows:

Male Yog Instructor:-

The performance Parameters are:-

- a) Minimum one hour YOG session per day at the concerned AYUSH HWC on every working day: 20 Session to be taken during a month.
- b) Minimum one hour YOG session in the Government Schools falling in the jurisdiction of the Concerned AYUSH HWC: 6 Session to be taken during a month.
- c) Minimum one hour YOG Session at the community level as determined by the concerned AMO/HWO: 6 Session to be taken during a month.

It also include a minimum 2 Hourrs of IEC Programme on AYUSH, Particularly YOG to be conducted in the community as determined by the Ayurvedic/Homeopathic Medical officer in the month.

7. The Ayurvedic/Homeopathic Medical Officer of the concerned AYUSH HWC shall duly certify the performance as per the above parameters. The minimum attendace of the participants in a session for both the Male and Female Yog Instuctors to be eligible for honorarium shall be 10 per session.
8. A fixed honorarium of Rs. 250/- Per session hour shall be admissible to the Male Yog Instructors subject to maximum of 32 hours for a Male Instructor per month. No honorarium shall be admissible for a part session.



9. The engagement shall be for conducting sessions at a particular AYUSH HWC or area falling under it and no request for transfer to any other AYUSH HWC or any other healthcare facility shall be entertained under any circumstances.
10. The engagement shall not entitle the individual for any claim of regularization, fixed remuneration, allowances and leaves etc.
11. The District AYUSH Society shall also maintain a waiting list of Yog Instructor interested to provide Yog training as per the above guidelines. In case of a vacant spot, the candidate in the waiting list as per the merit may be offered engagement.
12. Removal of Yog Instructor:-

The DAUO, on the report of the AMO/HMO, Shall remove the Yog Instructor if:

- No session is conducted by Yog Instructor due to any reason, for 3 consecutive working days.
 - No. of Participants per session is less than 10 for 3 Consecutive days.
 - Grounds of Indiscipline, insubordination etc.
1. A training of the Selected Yog Instructors Will be conducted. The selected Yog Instructors, who are 10+2 pass and do not have certificate/Diploma/ Degree in Yog from a recognized Institute will undergo training in Yog Curriculum in an Institutional arrangement. No honorarium shall be admissible during training.
 2. The schedule for the engagement of the Yog Instructors is as follows:

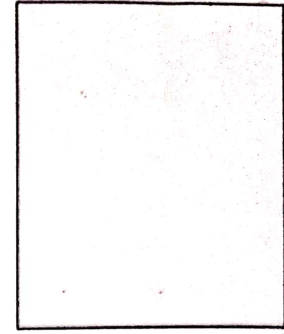
Date of Apply Application Form	Last date of Submission of Applications
28-02-2025	14.03.2025

Application Form for Engagement of Yoga Instructor (Part Time Basis)
at AYUSH Health & Wellness Centre (A-HWC) District Tarn Taran

Name :-
Father's Name :-
Category :-
Marital Status :-
Gender :-
Date of Birth :-
Age (as on 01-01-2025) :-
Mobile No :-
E-Mail Address :-
Computer Knowledge :-
Punjabi Passed :-
Residential State :-
Residential District :-
Permanent Address :-

Correspondence Address :-

Pin Code :-



Education Details

Education Qualification	Board/University/ Institution	Passing Year	Maximum Marks	Obtained Marks	Percentage

Yoga Experience Details

Sr.No	Name of Employer	Designation	From Period	To Period	Total Years

I declare that all the details given by me are correct to the best of my knowledge and I have attached my Experience Certificate/Educational Qualification and Punjabi pass certificate. I will be responsible in case original certificate if not produced by me during interview or any mistake is found in it before or after selection.

Date:-

Signature of Applicant

